



ATTUNE

EXPLORING ARTISTIC CONNECTIONS IN NATURE

Residency Connecting artists to Nature, Movement, Sound, and Care

Bellamont Wildlife Conservancy

MEANING

To attune means to bring into harmony, alignment, or sensitive awareness with something or someone.

- Emotionally / socially: to become aware of and responsive to another person's feelings or energy.
- Artistically: to tune oneself to subtle rhythms of sound, movement, space, or presence.
- Philosophically: to cultivate a heightened state of perception and connection.

In essence, attuning is about listening deeply and adjusting oneself in relation to others and the environment.

WHAT

ATTUNE is an interdisciplinary artistic residency and research workshop that explores connections between nature, movement, sound, and care. The project brings together artists and researchers from diverse disciplines to engage in co-creation, embodied dialogue, and multisensory experimentation.

At the intersection of visual art, dance, music, and socially engaged practices, ATTUNE proposes a space where artistic processes are not only produced but experienced. Through practices such as sound walks, movement sessions, collective drawing, and sensory exploration, participants are invited to develop new ways of perceiving, creating, and relating. Rather than focusing on a final output, ATTUNE emphasizes process-based creation, where gestures, interactions, and shared experiences become central. The residency is conceived as a living laboratory, where artistic research unfolds through attention, improvisation, and collective presence.

WHY

ATTUNE responds to current ecological, social, and cultural challenges by proposing an alternative model for artistic creation—one that prioritizes care, sustainability, and relational practices.

In contrast to productivity-driven cultural systems, the project values process over outcome, encouraging participants to slow down, listen, and reconnect with their environment and with one another. The concept of “attunement” lies at the heart of the project: a practice of deep listening and alignment with others, space, and the natural world.

The residency also addresses the growing need for well-being within artistic communities. By integrating somatic practices, collective reflection, and supportive environments, ATTUNE creates conditions for both personal and collective transformation.

Additionally, the project contributes to broader conversations around post-growth cultural models, advocating for sustainable, inclusive, and care-centered approaches to creativity. Through interdisciplinary collaboration, participants explore new methodologies that can be shared and adapted across artistic and educational contexts.



WHO

ATTUNE brings together a group of approximately 15 to 20 participants, including emerging and established professionals from various artistic disciplines such as visual arts, dance, music, and performance. Participants are selected through an application and interview process, ensuring a diversity of backgrounds, practices, and perspectives. The group is supported by an interdisciplinary team composed of artists, researchers, coaches, and cultural professionals.

The project includes contributions from:

- Visual artists and designers
- Dancers and movement practitioners
- Musicians and sound artists
- Sociological and performance researchers
- Artistic coaches and facilitators
- This diversity allows for a fluid exchange of knowledge and practices, where disciplinary boundaries are intentionally blurred. Participants are encouraged to step outside their usual roles—musicians may draw, dancers may work with sound, and visual artists may engage with movement.

The residency is also supported by international and local partners, including cultural professionals and organizations based in Ireland and France, fostering intercultural dialogue and collaboration.

WHEN

The ATTUNE residency is planned as a 7-day immersive experience (6 nights), taking place in **2026 from June 24th-30th**.
Project Roadmap from 2025:

- Project development, funding, and partnerships
- Participant selection and communication strategy
- Preparation of research tools (questionnaires, interviews)
- Online seminar sessions with selected artists

The residency week itself is structured around daily collective practices, workshops, and reflective sessions. Each day includes body-based activities, creative exploration, and group dialogue.

Following the residency, the project continues through documentation, evaluation, and dissemination of results, ensuring that the research has a lasting impact beyond the initial experience.

WHERE

ATTUNE takes place at the Bellamont Conservancy, located in County Cavan, Ireland. This 1,100-acre natural estate, surrounded by rivers and lakes, provides a unique and immersive environment that is integral to the project. The rural setting is not simply a backdrop but a central component of the methodology. The landscape directly informs the artistic practices, encouraging participants to engage deeply with the environment through activities such as forest bathing, sound walks, and site-responsive creation.

The residency space includes shared and individual working areas, allowing participants to alternate between collective sessions and personal exploration. The natural surroundings foster a sense of retreat and focus, creating conditions for experimentation, reflection, and connection.

Ireland's cultural context also plays an important role in the project, offering opportunities for engagement with local artists, traditions, and communities. Through partnerships and local collaboration, ATTUNE becomes embedded within its environment, generating meaningful cultural exchange.

VISIONARIES



Phillip A. Cartwright, Phd, Research Advisor and Project Co-founder

Phillip A. Cartwright is an economist and performance science researcher with over thirty years of academic, consulting, and creative industry experience. Founder and Director of HorizonVU Group, his work bridges economics, performance science, music, and dance. With affiliations including INSEAD, Imperial College, and the Royal College of Music, he brings a cross-disciplinary research perspective focused on performance, creativity, and human potential across artistic and professional contexts.



Dick Rijken, teacher, designer, director The Beach, Amsterdam

Dick Rijken has a background in artificial intelligence, cognitive psychology and electronic music. He co-founded the Interaction Design department at the Utrecht School of the Arts in the early 1990s, as well as the Design department at the Sandberg Institute in Amsterdam. He was professor of 'Information Technology and Society' at The Hague University of Applied Sciences, leading an interdisciplinary research group focused on addressing complex societal challenges through art and design methods. He also directed STEIM, a lab for electronic live performance and sound art supporting artists experimenting with new technologies. Currently, he is director of The Beach, a social design lab in the 'Nieuw West' neighbourhood in Amsterdam.



Léonor Graser, Phd, Sociological Researcher

Léonor Graser is a sociologist whose research examines the forms, practices, and representations of culture and the arts, with a particular focus on reading, writing, and cultural experiences. Her work explores the relationship between socialisation processes and cultural participation, investigating how individuals engage with artistic and cultural practices across different social contexts. She has taught sociology, literature, arts, and cultural studies in higher education institutions since 2006 and continues her research within the Cerlis (Centre de Recherche sur les Liens Sociaux). Her research interests include cultural mediation, audiences of culture, practices of reading and writing, self-representation, and qualitative research methods such as interviews, life narratives, and the analysis of literary and artistic discourse.



Fabrice Bonniot, Program Steering Committee / Therapist / Artistic Coach

Fabrice Bonniot is a Gestalt therapist, artistic coach, and trainer in music and cultural management. His practice bridges therapeutic approaches, artistic processes, and cultural production, with a strong focus on care, presence, and relational dynamics. With a background in the music scene and extensive experience in cultural institutions and creative industries, he brings a cross-disciplinary perspective at the intersection of art, storytelling, and audience engagement, supporting ethical and reflective artistic practice in social and cultural contexts.



Cindy Lori Cervantes, Attune Co-Founder,

Cynthia is a highly experienced international arts professional and educator with a strong background in designing and delivering educational and cultural programs that foster meaningful engagement and community impact. She specializes in project development, strategic partnerships, audience expansion, and capacity building. Her expertise and dedication have consistently contributed to the success of numerous initiatives, and she is passionate about creating transformative cultural experiences.



Lynette Cervantes, Steering Committee Member, Founder of Cervantes Conservation Consulting

Lynette is a dedicated and driven professional with a wealth of knowledge in the field of land use and environmental planning, fueled by a personal commitment to promote responsible stewardship of our Mother Earth. With a keen eye for detail, I excel in analyzing complex data and conducting comprehensive assessments to inform sound decision-making, providing clear and concise recommendations for clients. By leveraging my expertise, I aim to create harmonious environments where social, economic, and environmental factors converge to create a sustainable future for generations to come. What I enjoy most about my work is nurturing young talent in the planning profession which continually refreshes my perspective.



Ailise Barry, Cultural Entrepreneur, Artist Liaison

Ailise Barry is an arts professional specialising in artist residency development, programme coordination, and artist relations. With experience across international cultural institutions and the art market, she has worked in residency management, creative administration, and artist representation. Currently based in Paris, she focuses on fostering supportive artist environments, structuring residency programmes, and strengthening connections between artists and communities. Her background combines art market management, event coordination, and cultural programme development within international contexts.

VISIONARIES



Louis Martin, Co-founder Flirt, Producer

Louis has been developing projects at the intersection of music, audiovisual media, and artist support for over five years. Founder and President of the FLIRT collective, he combines strategic vision and field experience in event production, artistic direction, and cultural programme development, supporting innovative and community-oriented initiatives.



Jack Morehart, Project Coordinator

Jack Morehart is a game designer and developer trained at the NYU Game Center. His practice focuses on collaborative, interactive, and experience-driven projects, with a strong interest in how play, systems, and participation can support engagement and learning. As project coordinator, he brings solid organisational and interpersonal skills, supporting collaboration across disciplines and contributing to the development of creative, people-centred initiatives.



Sinead Hogan, Member of the Board, Irish Wildlife Trust

Sinead Hogan is a researcher in the cross-over areas between art, environment, philosophy and technology. She is a member of the board of the Irish Wildlife Trust and active within its Monaghan branch and the Friends of the Dromore group. She has a doctorate in Philosophy and until recently lectured full-time in Art at IADT.



Anthony Moss-Zobel, PhD, Neuro-Led Consultant

Dr. Anthony Moss-Zobel is a neuroscience-based executive coach, academic, and researcher whose work bridges neuroscience, leadership, and education to support resilience, creativity, and sustainable transformation. With a background spanning cognitive neuroscience and the performing arts, he combines science-backed approaches with a deep commitment to storytelling, human development, and transformative learning.

ARTISTS



Delphine Perrot, Program Steering Committee and artist

Delphine Perrot is an artist, art director, and educator whose interdisciplinary practice explores movement, drawing, sound, and socially engaged art. Her work is deeply rooted in embodied experience, collective creation, and site-responsive processes, often engaging with themes of care, ecology, and mental wellbeing. With extensive experience working in educational, cultural, and community contexts internationally, she develops participatory artistic projects that foster connection, presence, and creative agency. Her approach bridges artistic research, pedagogy, and socially engaged practice, particularly within health, youth, and social settings.



Kerwin Rolland, Sound Artist

Kerwin Rolland is an artist, composer, engineer, and performer whose interdisciplinary practice moves across sound, music, visual art, and research. Combining artistic composition with scientific inquiry and production expertise, he creates immersive and poetic forms that explore perception, resonance, and multisensory experience. His work is presented internationally, and he collaborates widely across visual arts, performance, architecture, and cultural institutions. Based in Paris, he develops projects at the intersection of sound, space, and embodied knowledge.



Alice Martin, Choreographer / Educator

Alice is a contemporary dance artist and certified teacher, awarded the French State Diploma in Contemporary Dance. Trained at RIDC – Rencontres Internationales de Danse Contemporaine, she has performed with several companies and collaborated with choreographers including Cécile Loyer, Isida Micani, Christine Gérard, Olivier Dubois, and Marion Muzac. Founder of ZIA, she develops projects that explore dance through its social, artistic, and cultural dimensions. Her interdisciplinary approach bridges creation and pedagogy, and her ongoing work with diverse communities in Saint Ouen continues to inform her research into movement, participation, and collective practice.



Hannah Knorr, Choreographer / Movement Practitioner

Hannah Knorr is a choreographer, movement educator, and former professional dancer. She currently serves as Manager of Operations at DeCruz Ballet and works internationally as a freelance choreographer and instructor. With a background in ballet and contemporary dance, as well as certification as a NASM Personal Trainer and Pilates Instructor, her practice centres on embodied awareness, physical care, and artistic development. Deeply engaged in education, she works closely with young and pre-professional dancers, combining movement, training, and creative process to support both artistic growth and wellbeing.



Travis Boyer, Visual Artist

Travis Canada Boyer is a New York based interdisciplinary artist whose work explores the concept of socio-kinetics, through painting, textiles, workshops, performance, and material culture. Boyer examines questions of desire, the primacy of tactile human interactions with art and by creates works that blur the boundaries between sculpture, craft, and collective experience. His paintings are in the permanent collections of several museums in the United States and Europe. In addition to his art related workshops and lectures, he is an accomplished advocate for Women's Health and Palliative Care.



Kristina Gudžiūnaitė, Dance Artist

Kristina Gudžiūnaitė is a ballet artist trained at the National M. K. iurlionis School of Arts in Vilnius. She continued her professional development at the Heinz Bosl Foundation Ballet Academy in Munich and participated in international training programmes including the Royal Ballet School in London and educational initiatives with the Australian Ballet and Sydney Opera House. In addition to her performance background, she holds a Bachelor's degree in Cultural Management, bringing together artistic excellence and organisational insight within international cultural contexts.



PURPOSE STATEMENT

We cannot solve the ecological crisis without fundamentally transforming how we experience care. Attune creates space to feel that transformation through art.

Attune is a social research and artist residency dedicated to exploring the vital link between (self)-care and ecological stewardship. The boundaries between artists, musicians, dancers, mentors, and research practitioners are intentionally blurred, allowing for the emergence of relational and collective modes of art-making. Its mission is to deepen the connection between creative practice and our bond with the planet, emphasizing the importance that nurturing ourselves and the Earth are inseparable acts of transformation.

Unleash your creativity and join a vibrant community of artists—**apply now for our Residency Program** and transform your artistic vision into reality.

CONCLUSION

ATTUNE is more than an artistic residency: it is a research-driven, care-centered initiative that reimagines how art can be created, experienced, and shared.


By bringing together diverse practitioners in a natural setting, the project fosters new forms of collaboration, supports well-being, and contributes to the development of sustainable artistic practices. Its emphasis on process, presence, and relationality positions ATTUNE as a forward-thinking model for interdisciplinary and socially engaged art.


Through its outcomes, both tangible and intangible, ATTUNE aims to influence the wider artistic ecosystem, offering tools, insights, and methodologies that can be adapted across contexts. Ultimately, it invites participants and audiences alike to reconsider the role of art as a space of connection, care, and transformation.


CONTACT AND APPLICATIONS


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